

SPORTS

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Gunn's Meeks, Paly's Slaney both in midseason track form

While rain washed out many prep events last weekend, it did nothing to deter Palo Alto junior Kent Slaney and Gunn senior Gillian Meeks from their appointed rounds on the track.

After each won a pair of distance events to help their respective teams win SCVAL De Anza Division dual meets on Thursday, they produced more meet records and victories at the TKA Distance Carnival on Saturday.

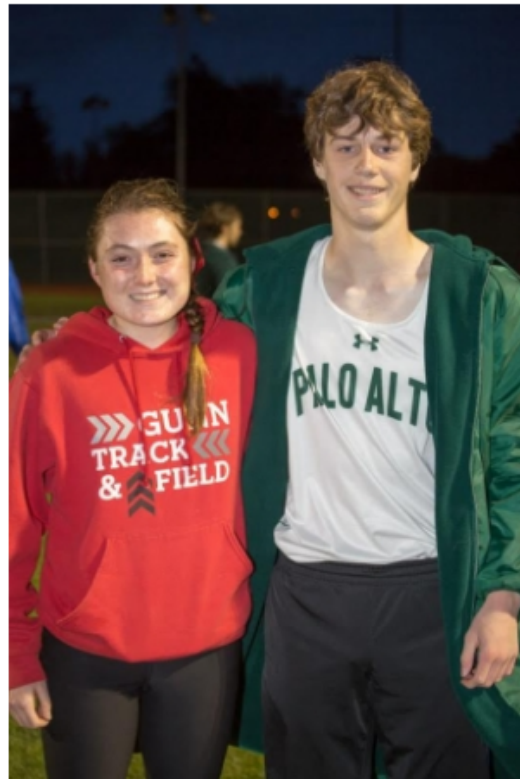
Meeks won the 800 (2:19.38) and 1,600 (4:55.29) -- setting meet records in both while running a personal best in the metric mile that keeps her No. 3 in school history.

Slaney won the 1,600 in a season best (by 13 seconds) of 4:20.79, breaking the year-old meet record by six seconds. That time would have won the K-Bell Invitational, held at the same time at Los Gatos High.

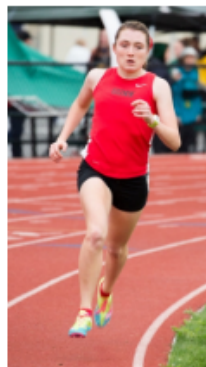
Slaney also anchored the winning distance medley relay team to victory.

Other individual varsity event winners for Palo Alto included Eli Givens in the 100 (11.30), Sam Craig in the varsity 3,200 (a meet record of 9:49.52), Neil Verwillow in the 200 (23.17) and the boys and girls sprint medley relays,

Verwillow was competing in only his first week after spending the winter with the soccer team. He also ran on the winning distance medley relay team.



Gunn senior Gillian Meeks (left) and Palo Alto junior Kent Slaney were individual standouts at the TKA Distance Carnival in Sunnyvale on Saturday.



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