

SPORTS



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Three local runners chase down titles at CCS cross country

Gunn senior Gillian Meeks, Palo Alto junior Kent **Slaney** and Priory senior Hana Marscheck all ran to individual titles at the 2015 Central Coast Section Cross Country Championships on Saturday at Crystal Springs in Belmont.

Those individual efforts, however, helped only two of three teams advance to the CIF State Meet on Nov. 28 at Fresno's Woodward Park.

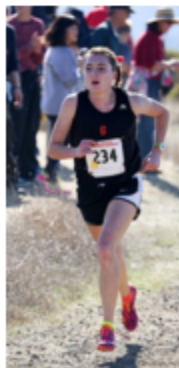
Slaney led the Paly boys to one team berth in Division I while Marscheck led the Priory girls to the other in Division V. Both squads also qualified last year.

Palo Alto was third at two miles while **Slaney** was leading by 25 seconds. His margin of victory was 13 seconds as he clocked 15:22.0 (No. 2 overall time in all division). Fellow junior Naveen Pai was 13th in 16:02.1 and freshman Henry Saul took 14th in 16:06.5. Sam Craig finished 20th in 16:20.8 and Spencer Morgenfeld was 21st in 16:21.0.

"The boys were fantastic at CCS, and the win from Kent was not too surprising," said Paly coach Kelsey Feeley. "We came into the race ranked third, and I was so impressed that the boys were able to keep to their race plans, even when one of our opponents went out faster than expected and the other went out much slower than we expected. That is something that very much could have thrown off the mental aspect of the race, but my boys ran consistent as usual and didn't try to do anything crazy that could have led to a poor outcome. To hold restraint and run such smart races was great to see. We are all looking forward to the state meet later this month."



Palo Alto junior Kent **Slaney** (635) leads the pack up the hill toward the one-mile mark at the CCS Championships on Saturday. He held on to his lead to win the Division title.



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